

Looking for more programs and resources for your family?



The Manhattan Borough President's Office has identified a wide range of free and low-cost programs for children and families, including afterschool activities, mental health resources, food pantries and more. **Scan the QR code to the left for the full MBPO Back to School Guide!**

Looking for assistance on another issue?



We can help! The Manhattan Borough President's Office can assist you with issues like housing, public benefits, health care, education, immigration, public safety, sanitation, economic development, and other quality-of-life concerns. **You can reach our office at info@manhattanbp.nyc.gov or at 212-669-8300.**

What else can the MBPO do for you? Visit us at manhattanbp.nyc.gov



MARK LEVINE

MANHATTAN BOROUGH PRESIDENT

Manhattan Borough President MARK LEVINE'S BACK to SCHOOL CHECKLIST



Color in the page inside!



PARENT'S CHECKLIST

Lista para padres

- ☆ **Get a physical exam & required immunizations**
Programe un examen físico y vacunas
Complete your child's physical and find related forms here: schools.nyc.gov/schoolhealth
- ☆ **Get supplies; Prepare sus útiles escolares**
Your school should send you a list of required school supplies. Check out our full Back to School Guide for a list of events distributing free school supplies.
- ☆ **Update your contact info**
Actualice su información de contacto
You can make updates online in your NYC Schools Account. Visit schools.nyc.gov/NYCSA to sign up.
- ☆ **Meet your school's parent coordinator**
Conoce al coordinador de padres en tu escuela
Parent coordinators can provide answers to school-related questions. Call or visit your school to get your coordinator's contact information.
- ☆ **Review the 2023-2024 NYC school calendar**
Revisa el calendario escolar
You can find the updated calendar here: schools.nyc.gov/about-us/news/2023-2024-school-year-calendar
- ☆ **Learn about school meals**
Informate sobre los almuerzos escolares
NYC public schools provide free breakfast and lunch to all students. Visit: schools.nyc.gov/school-life/food/school-meals



KIDS' CHECKLIST

Lista para niños

- ☆ **I know my school bedtime routine and how to get myself ready for bed.**
- ☆ **I practiced my morning routine 3 times and practiced putting on my backpack.**
- ☆ **I know how I am getting to school and back home each day.**
- ☆ **I have a special place at home to keep my backpack and supplies.**
- ☆ **I know my teachers' names.**
- ☆ **I know how to be a germ-buster! I wash my hands with soap and water, stay home when I'm feeling sick and put on a mask when I need to.**

